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Diagnosis and Treatment in Internal Medicine

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Preface a

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Diagnosis and Treatment in Internal Medicine came about through our experience on the acute medical take. Here, sick patients present in large numbers with a vast range of problems. What all patients need, as the bedrock of management, is a differential diagnosis, and the central aim of our book is to help doctors formulate this. We asked experts in their field to provide succinct and authoritative guidance across the breadth of internal medicine. The assessment of symptoms or presenting problems is a major element of the book, but there is also comprehensive coverage of disorders of the body systems, including psychological aspects and palliative care. Chapters are structured so that key information can rapidly be found. Doctors need a broad perspective on health and its promotion, and there are sections addressing nutrition, lifestyle, and prevention of disease.

This book approaches medicine from the patient's perspective, through the stories that patients tell us about their illness, and provides the knowledge that turns these narratives into diagnoses, treatment, health, and longevity. Throughout, our focus has been on meeting the needs of doctors in the clinic, in the emergency department, or on the ward.

Preface

Our eternal thanks go out to our contributors. Some 200 outstanding doctors have produced admirably compact and lucid chapters. Throughout the lengthy gestation of the book, we have been ably supported by the staff at Oxford University Press, who have encouraged us and orchestrated the project. All praise should be directed to the authors, and any mistakes are ours. Please do let us have your suggestions for improvements (you can contact us at david.sprigings@gmail.com and pftame@gmail.com).

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